

ADMJ 0060 - DEFENSIVE TACTICS FOR LAW ENFORCEMENT

Catalog Description

Hours: 36 (18 lecture, 18 laboratory)

Description: Skills and techniques to address combative subjects both armed and unarmed; includes take downs, control holds, escapes, handcuffing, and weapon retention or removal. (not transferable)

Course Student Learning Outcomes

- CSLO #1: Identify and analyze basic concepts of self-defense, including balance, awareness, and self-control.
- CSLO #2: Demonstrate proper threat-assessment and response based on the Use of Force Continuum.
- CSLO #3: Identify and explain concepts of reasonable force as they apply to self-defense.

Effective Term

Fall 2017

Course Type

Credit - Degree-applicable

Contact Hours

36

Outside of Class Hours

36

Total Student Learning Hours

72

Course Objectives

LECTURE OBJECTIVES:

1. Identify and analyze the basic concepts of weaponless defense including balance, awareness and self-control;
2. Assess level of threat and identify appropriate response from Use of Force Continuum; and
3. Identify and explain proper weapon retention and take away techniques.

LAB LEARNING AND TESTING OBJECTIVES:

1. Manipulate the safe and proper use of control holds;
2. Exhibit proficiency in escape techniques;
3. Apply safe and proper handcuffing techniques;
4. Demonstrate proper take down techniques; and
5. Practice proper weapon retention and take away techniques.

General Education Information

- Approved College Associate Degree GE Applicability
 - AA/AS - Health Ed/Physical Ed
- CSU GE Applicability (Recommended-requires CSU approval)

- Cal-GETC Applicability (Recommended - Requires External Approval)
- IGETC Applicability (Recommended-requires CSU/UC approval)

Articulation Information

Methods of Evaluation

- Objective Examinations
 - Example: Students will properly identify, in ascending order, the various force options on the Use of Force Continuum.
- Skill Demonstrations
 - Example: Students will safely perform a proper bar-arm take down.

Repeatable

No

Methods of Instruction

- Laboratory
- Lecture/Discussion

Lab:

1. Instructor will explain and discuss the importance of proper balance and footwork during arrest and control situations.

Lecture:

1. Instructor will explain and demonstrate how to take a combative subject to the ground safely, and students will practice techniques on each other.

Typical Out of Class Assignments

Reading Assignments

1. Read instructor handouts related to defensive tactics.
2. Read and analyze current event articles related to use of force.

Writing, Problem Solving or Performance

1. Demonstrate proficiency in controlling a combative subject.
2. Safely and properly demonstrate a handcuffing technique.

Other (Term projects, research papers, portfolios, etc.)

Required Materials

Other materials and-or supplies required of students that contribute to the cost of the course.

Instructor-prepared handouts current event articles, case law updates.