

# ATHL 0156 - INTERCOLLEGIATE SOCCER (W)

## Catalog Description

Formerly known as PHED 124

Prerequisite: Enrollment limitation: permission of instructor required; for students with advanced soccer skills, conditioning and previous competitive experience

Hours: 58 laboratory per unit

Description: Intercollegiate women's soccer competition conducted through FIFA laws of the game and CCCAA rules. May be taken four times for credit. (CSU, UC-with unit limitation)

## Course Student Learning Outcomes

- CSLO #1: Apply fundamental and advance skills in a soccer game.
- CSLO #2: Demonstrate team play, sportsmanship and fair play during practice and game competitions.
- CSLO #3: Exhibit fitness levels that enable the student to compete in intercollegiate soccer.
- CSLO #4: Identify and apply basic and advanced formations and strategies in a soccer game, based on intercollegiate rules.

## Effective Term

Spring 2021

## Course Type

Credit - Degree-applicable

## Contact Hours

58-174

## Outside of Class Hours

0

## Total Student Learning Hours

58-174

## Course Objectives

1. Recognize and compose basic and advance formations, high level game strategies, intercollegiate rules and layout of playing field;
2. Perform fundamental and advance skills: dribbling, passing, finishing in front of goal, receiving, tackling, heading and goalkeeper play;
3. Exhibit team play, sportsmanship and fair play during practice and game competitions;
4. Describe and perform principles of offense and defense;
5. Attain fitness levels that enable the student to compete in practice, games, and the duration of the season; and
6. Exhibit a higher level of skill corresponding to course repetition.

## General Education Information

- Approved College Associate Degree GE Applicability
- CSU GE Applicability (Recommended-requires CSU approval)
- Cal-GETC Applicability (Recommended - Requires External Approval)
- IGETC Applicability (Recommended-requires CSU/UC approval)

## Articulation Information

- CSU Transferable
- UC Transferable

## Methods of Evaluation

- Problem Solving Examinations
  - Example: Student will pass a problem solving exam. Example: When competing against a 4-4-2 in a 4-3-3 formation, defensively what do the center midfielders need to do to mark up the outside midfielders? Rubric grading.
- Skill Demonstrations
  - Example: Student will be required to perform 8 of 10 headers into goal from a given spot on the field. Pass/Fail grading.

## Repeatable

Yes

## Methods of Instruction

- Laboratory
- Distance Learning

Lab:

1. Instructor will facilitate a class discussion about offensive strategies and students will be placed into small groups where they will construct an appropriate defensive strategy to deal with the offensive strategy previously addressed by the instructor. They will then be required to explain their strategy to the instructor. Example: Based on a high pressing defensive 4-3-3 formation, what would be the best way to break the press if you have a fast striker? (Objectives 1 & 4)
2. Instructor will discuss and demonstrate dribbling techniques, followed by student demonstration. (Objective 2)

Distance Learning

1. Discussion by the instructor on advance formations. The students discuss this topic in small groups. (Objective 1)
2. Instructor will lead a discussion on the principles of offense. The students will discuss this topic in small groups. (Objective 4)

## Typical Out of Class Assignments Reading Assignments

1. Read instructor handouts on offensive strategy and be prepared to discuss in class.
2. Internet reading on defensive formations and be prepared to discuss.

## Writing, Problem Solving or Performance

1. Outline the appropriate starting positions of all 11 players based on a attacking goal kick. Pass/ fail
2. Based on a given scouting report of

an opponent's offensive strategy, analyze and design an appropriate defensive strategy in response. pass/ fail

## **Other (Term projects, research papers, portfolios, etc.)**

### **Required Materials**

- Coaching the 4-2-3-1
  - Author: Wayne Harrison
  - Publisher: Reedswain
  - Publication Date: 2011
  - Text Edition: 1st
  - Classic Textbook?: No
  - OER Link:
  - OER:
- Laws of the Game 2018-2019
  - Author: International Football Association Board
  - Publisher: IFAB
  - Publication Date: 2018
  - Text Edition: 1st
  - Classic Textbook?: No
  - OER Link:
  - OER:

**Other materials and-or supplies required of students that contribute to the cost of the course.**