

# KIN 0054 - MODERN DANCE

## Catalog Description

Formerly known as PHED 53

Hours: 36 activity per unit

Description: Development and improvement in body alignment, flexibility, strength endurance, balance coordination, relaxation coordination and modern dance techniques so that the body can be used as an instrument of creative expression. (CSU, UC)

## Course Student Learning Outcomes

- CSLO #1: Demonstrate proper body alignment coordination, motor control and efficiency of locomotor movement inherent to modern dance measured through class participation and performance evaluation.
- CSLO #2: Compare and contrast specific fundamentals of modern dance (e.g. space, energy, rhythm, and forms of composition) measured through performance evaluation, written evaluation, and class discussion.
- CSLO #3: Assess the history, philosophies, and styles of modern dance and improvisation through written evaluation and class discussion.

## Effective Term

Fall 2019

## Course Type

Credit - Degree-applicable

## Contact Hours

18-72

## Outside of Class Hours

9-36

## Total Student Learning Hours

27-108

## Course Objectives

1. Analyze the artistry inherent to modern dance;
2. Assess the history, philosophies, and styles of modern dance and improvisation through written evaluation and class discussion;
3. Describe the value of the role of improvisation in Modern Dance;
4. Demonstrate proper body alignment coordination, motor control and efficiency of locomotor movement inherent to modern dance measured through class participation and performance evaluation;
5. Compare and contrast specific fundamentals of modern dance (e.g., space, energy, rhythm, and forms of composition) measured through performance evaluation, written evaluation, and class discussion;
6. Evaluate leadership and problem solving skills measured through group and individual performance evaluation;
7. Demonstrate the art of pacing in modern dance forms; and
8. Choose a specific philosophy and apply it to a self-designed routine, and perform in class.

## General Education Information

- Approved College Associate Degree GE Applicability
  - AA/AS - Health Ed/Physical Ed
- CSU GE Applicability (Recommended-requires CSU approval)
  - CSUGE - E2 Physical Activity
- Cal-GETC Applicability (Recommended - Requires External Approval)
- IGETC Applicability (Recommended-requires CSU/UC approval)

## Articulation Information

- CSU Transferable
- UC Transferable

## Methods of Evaluation

- Objective Examinations
  - Example: Each student will be required to pass an objective exam at the end of the course. Example: It is necessary to stretch prior to a dance routine. True or False
- Skill Demonstrations
  - Example: Each student will be required to create a written dance routine and physically perform three different dance combinations. Example: Student will demonstrate a two-minute routine for each dance.

## Repeatable

No

## Methods of Instruction

- Activity
- Distance Learning

Activity:

1. Instructor will lecture on the social benefits of modern dance and present in video visual samples of modern dance, then instructor will facilitate a discussion on the benefits of the social aspects of modern dance.
2. Instructor will demonstrate dance skills presenting appropriate timing with skill movement and facilitate a discussion for comparing and contrasting the complexity of one dance. Students will then demonstrate.

Distance Learning

1. Discussion by the instructor on art of pacing in modern dance. The students will pacing in small groups.
2. Instructor will lead a discussion on the artistry inherent to modern dance. The students will discuss the topic in small groups.

## Typical Out of Class Assignments Reading Assignments

1. Read an instructor supplied handout on several types of specific dances. Compare this information with information provided in the course text.
2. Read an article presented on the "Smithsonian Education" web site and review the three leaders in Modern Dance: Martha Graham, Jose Limon, and Katherine Dunham. Be prepared to summarize in class.

## **Writing, Problem Solving or Performance**

1. Research three different types of Modern dance: African American; Lyrical; and Contemporary Modern Dance. Then write a 3-page paper summarizing the history of each. 2. Create a written glossary of correct terminology found in Modern dance. 3. Create a two minute dance demonstrating steps, knowledge, and skill, of a chosen dance style.

## **Other (Term projects, research papers, portfolios, etc.)**

### **Required Materials**

- Ballet & Modern Dance, A Concise History
  - Author: Jack Anderson
  - Publisher: Princeton Book Company
  - Publication Date: 2018
  - Text Edition: 3rd
  - Classic Textbook?:
  - OER Link:
  - OER:

**Other materials and-or supplies required of students that contribute to the cost of the course.**