Contact Information

Division
Business and Technology

Dean
Susan Lucyga (Interim)

Associate Dean
Darlene Jackson

Division Office
B 3, Rocklin Campus

Overview

The Human Development and Family degree program provides students with the necessary education for work in child development programs at various levels: assistant teacher, associate teacher, teacher, master teacher, site supervisor and director. It also includes instruction in infant care, preschool, school-age care, and children’s advocacy. Course work prepares students who wish to go into the field of teaching, as well as work with families and social services.

Specific courses in the human development area afford students the opportunity to enhance their quality of life and to meet general education requirements through courses in lifespan development, marriage, management, family, parenting and diversity.

The California Commission on Teacher Credentialing grants permits to those preparing to teach children in early childhood education programs and in after-school child care programs. These permits, known as Child Development Permits, authorize service in state funded child care and development programs. The course work provided by the Sierra College Human Development and Family Department is approved by the California Commission on Teacher Credentialing as meeting the requirements for the California Child Development Permits. Specific permit requirements are listed after the Sierra College degrees. Human Development and Family course work also satisfies teaching requirements mandated by the California Department of Social Services licensing requirements for Title 22 (licensed) and Title 5 (State funded) programs.

Faculty

Michelle D. Boucher
Assistant Professor, Human Development and Family
B.A., California State University, Sacramento
M.A., California State University, Sacramento

Debra M. Eastman
Professor, Human Development and Family
B.S., University of California, Davis
M.A., Washington State University

Lori A. Kearney-Capaul
Professor, Human Development and Family
A.A., Sierra College
B.A., California State University, Sacramento

Early Childhood Education Advisory Committee

- Justine Attaran, Creekside Oaks STAR, Lincoln
- Laura Barhydt, Chana High School, Auburn
- Janine Bennett, Site Supervisor, Placer County Office of Education, Cirby
- Lyanna Borja, Family Childcare
- Lynn Bradshaw, The Play House
- Andrea Brand, STAR Education
- Jody Braun, Lexington Hills KinderCare, Folsom
- Steven Bruce, Site Supervisor, Placer County Office of Education, Little Blue Schoolhouse
- Patricia Deloreifice, Child Development Incorporated
- Mickey Eichenhofer, Placer County Office of Education, Auburn
- Erin Ellsworth, Child Development Incorporated
- Nancy Fugate, Director, Kiddie Academy
- Stacie Gandy, Director, Childtime Learning Center, Roseville
- Joy Beck, Placer County Office of Education, Auburn
- Catherine Goins, Assistant Superintendent, Placer County Office of Education
- Alan Grant, Child Development Incorporated
- Joni Huffman, Family Childcare
- Michelle Johnson, Family Childcare
- Rosa Licata, Little Shapes Preschool
- Kelly Lister, Executive Director, Phoenix Schools, Inc., Folsom
- Antoinette Manuel, Kids First Now
- Michele Mclean, Child Development Incorporated
- Sasha Mendenhall, Program Coordinator, STAR Education
- Daniel Mendoza, Site Supervisor, Placer County Office of Education, Cirby
- Alison Piet, Little Monkey Preschool
- Laree Quinn, Site Supervisor, Placer County Office of Education, Rocklin
- Cheri Quishenbery, Family Childcare
- Darcy Roenspie, Program Support Specialist, Placer County Office of Education
- Andrea Saykally, Granite Bay Montessori
- Lyndsey Schutt, STAR Education
- Jacque Sell, President Elect, California Association for the Education of Young Children
- Wendy Stewart, Oakmont High School, Roseville
- Liz Stofleth, Placer County Action Council, Head Start
- Regina Swaney, Instructor, 49er ROP Careers with Children, Placer County
- Lozetta Trandem, Trandem Family Preschool
- Vickie Treadway, Preschool Manager, KidZKount, Placer Community Action Council, Inc.
- Lisabeth Varanini, Pacific Autism Learning Services
- Melissa Waggoner, Site Supervisor, Placer County Office of Education, C.C. Coppin
- Chana Wyne-Swan, Child Development Consultant, First Five
Degrees/Certificates

Associate Degree for Transfer

- Early Childhood Education for Transfer (p. 2)

Associate Degree

- Early Childhood Education (p. 2)

California Commission on Teacher Credentialing Child Development Permit Information

- Child Development Associate Teacher (p. 3)
- Child Development Teacher (p. 3)
- Child Development Master Teacher (p. 3)
- Child Development Site Supervisor (p. 4)

Early Childhood Education for Transfer

AS-T Degree

The Associate in Science in Early Childhood Education for Transfer degree (AS-T) provides a clearly articulated curricular track to complete a bachelor's degree in Early Development, Care and Education (EDCE) for students who wish to transfer to CSU Sacramento. Completion of this degree involves a cohort of Sierra College students who meet for classes in Placer County as part of a partnership with CSUS. The cohort structure provides for additional student support, while the format better meets the needs of working adults. The degree provides a curricular track for students planning to transfer to other CSU campuses with the following bachelor's degrees: Child Development, Child and Adolescent Development, Human Development and Education.

The required courses are part of the CA Curriculum Alignment Project, Lower Division 8 coursework and expose students to the core principles and practices of the field in order to build a foundation for future personal, academic, or career paths. Students will be able to identify and evaluate factors that influence children's development; analyze early childhood programs for developmentally appropriate practices and program effectiveness; and exhibit professionalism within the field of Early Childhood Education by demonstrating skills relevant to the field.

Additionally, this degree is designed to facilitate students' successful transfer to CSU campuses that prepare them for advanced study in a variety of graduate programs, as well as a variety of careers such as teaching, Child Development Specialist, Program Directors and Child Life Specialists. With a BA in ECE/Child Development, students are eligible for the Master Teacher and Site Supervisor levels of the CA Child Development Permit, using the Alternative Qualifications category.

Students earning an Associate in Science in Early Childhood Education for Transfer degree and meeting the CSU minimum transfer admission requirements are guaranteed admission with junior standing to the CSU system, but not to a particular campus or major. Upon transfer, students will be required to complete no more than 60 additional prescribed units to earn a bachelor's degree.

To earn the Associate in Science in Early Childhood Education for Transfer degree, students must complete 60 CSU-transferable semester units with a minimum grade point average of 2.0, including both of the following:

- completion of all courses required for the major with grades of C or better; and
- completion of the California State University General Education Breadth (CSU GE) pattern or the Intersegmental General Education Transfer Curriculum (IGETC) pattern. (Students transferring to a CSU campus using IGETC must complete Area 1C Oral Communication to be eligible for admission.)

The exact wording of the law pertaining to associate degrees for transfer may be found in Education Code Section 66746.

It is highly recommended that, prior to transferring, students complete courses that satisfy the CSU United States History, Constitution and American Ideals graduation requirement. In all cases, students should consult with a counselor for more information on university admission and transfer requirements.

RESTRICTION: International coursework from non-United States regionally accredited institutions cannot be applied to associate degrees for transfer.

Required Courses

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<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Units</th>
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<tbody>
<tr>
<td>HDEV 0002</td>
<td>Principles and Practices of Early Childhood Education</td>
<td>3</td>
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<tr>
<td>HDEV 0003</td>
<td>Observation, Documentation and Assessment in ECE</td>
<td>3</td>
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<tr>
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<tr>
<td>HDEV 0007</td>
<td>Health, Safety, and Nutrition</td>
<td>3</td>
</tr>
<tr>
<td>HDEV 0009</td>
<td>Child and Adolescent Development</td>
<td>3</td>
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<tr>
<td>HDEV 0010</td>
<td>Practicum/Field Experience in Early Childhood Education</td>
<td>4.5</td>
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<tr>
<td>HDEV 0025</td>
<td>Culture and Diversity in Early Childhood Education</td>
<td>3</td>
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</tbody>
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Total Units 25.5

Early Childhood Education

AA or AS Degree

(formerly Child Development Teacher)

Students must fulfill the following major requirements with grades of “C” or better, complete a minimum of 60 degree-applicable semester units (12 of which must be completed at Sierra College) with a grade point average of at least 2.0 and complete one of the following three general education patterns:

- Sierra College Associate Degree Requirements (http://catalog.sierracollege.edu/student-resources/general-education/associate-degree-requirements);
- California State University General Education (CSU GE) Breadth (http://catalog.sierracollege.edu/student-resources/general-education/california-state-university-general-education-breadth-requirements) pattern;
California Commission on Teacher Credentialing Child Development Permit Information

Child Development Associate Teacher Permit
A Child Development Associate Teacher Permit authorizes the holder to provide service in the care, development, and instruction of children in a child care and development program, and supervise a Child Development Permit Assistant and an Aide. The student must apply to the Commission on Teacher Credentialing for a Child Development Permit at the Associate Teacher level after completing the following 12 units and appropriate work experience:

Required Courses
- HDEV 0002 Principles and Practices of Early Childhood Education 3
- HDEV 0004 Child, Family, and Community 3
- HDEV 0005 Introduction to Curriculum 3
- HDEV 0009 Child and Adolescent Development 3

Total Units 12

Work experience of 50 days of 3 plus hours per day within 2 years in a licensed child care facility

All course work must be completed with grades of “C” or better.

Child Development Teacher Permit
A Child Development Teacher Permit authorizes the holder to provide service in the care, development, and instruction of children in a child care and development program and supervise a Child Development Teacher, Associate Teacher, Assistant, and an aide. The permit also authorizes the holder to serve as a coordinator of curriculum and staff development in a child care and development program. The student must apply to the Commission on Teacher Credentialing for a Child Development Permit at the Master Teacher level after completing the following 48 units and appropriate work experience:

Required Courses
- HDEV 0002 Principles and Practices of Early Childhood Education 3
- HDEV 0004 Child, Family, and Community 3
- HDEV 0005 Introduction to Curriculum 3
- HDEV 0009 Child and Adolescent Development 3
- 12 HDEV/ECE elective units
- 16 general education units
- HDEV 0038 Adult Supervision: Mentoring in ECE Settings 2

Work experience equaling 350 days of 3 plus hours per day within a 4-year period in a licensed child care facility

6 units in an area of specialization from the following:
- HDEV 0011 Infant and Toddler Development
- HDEV 0012 Infant and Toddler Care and Education
- HDEV 0043 Music and Movement for Young Children
- HDEV 0044 Introduction to Children’s Literature
- HDEV 0019 Exceptional Development: Inclusion of Special Needs Children and American Sign Language I
- HDEV 0021 Psychology of Intimate Relationships and Family
- HDEV 0022 Psychology of Intimate Relationships and Dynamics of Parenthood
- HDEV 0029 Storytelling and Puppetry
- MUS 0010 Music Fundamentals
- DFST 0001 American Sign Language I

All course work must be completed with grades of “C” or better.
HDEV 0029 & HDEV 0046  Storytelling and Puppetry and Language and Literacy

HDEV 0030 & ART 0002  Creative Process in Children and Two-Dimensional Design Foundations

HDEV 0030 & ARHI 0101  Creative Process in Children and Art Appreciation

All course work must be completed with grades of "C" or better.

**Child Development Site Supervisor Permit**

A Child Development Site Supervisor Permit authorizes the holder to supervise a child care and development program operating at a single site; provide service in the care, development, and instruction of children in a child care and development program; and serve as a coordinator of curriculum and staff development in a child care and development program. The student must apply to the Commission on Teacher Credentialing for a Child Development Permit at the Site Supervisor level, after completing requirements for an AA/AS degree, including the following courses and appropriate work experience:

**Required Courses**

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<thead>
<tr>
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<tr>
<td>HDEV 0038</td>
<td>Adult Supervision: Mentoring in ECE Settings</td>
<td>2</td>
</tr>
<tr>
<td>HDEV 0040</td>
<td>Administration and Supervision of Early Childhood Programs</td>
<td>3</td>
</tr>
<tr>
<td>HDEV 0041</td>
<td>Advanced Administration of ECE Programs</td>
<td>3</td>
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</tbody>
</table>

**54 lecture**

**Units:** 3

**HDEV 0003. Observation, Documentation and Assessment in ECE**

**Units:** 3

**HDEV 0004. Child, Family, and Community**

**Units:** 3

**HDEV 0005. Introduction to Curriculum**

**Units:** 3

**HDEV 0007. Health, Safety, and Nutrition**

**Units:** 3

Formerly known as HDEV 6 and 8

Hours: 54 lecture

Introduction to laws, regulations, standards, policies and procedures, and early childhood curriculum related to child health, safety, and nutrition. Key components that ensure physical and mental health and safety for children and staff will be identified along with the importance of collaboration with families and health professionals. Focus on integrating concepts into everyday planning and program development in child care settings and family child care homes. (C-ID ECE 220) (CSU)
HDEV 0009. Child and Adolescent Development

Units: 3
Hours: 54 lecture
Study of physical, psychosocial, and cognitive/language developmental milestones for children, both typical and atypical, from conception through adolescence. Emphasis on interactions between maturational processes and environmental factors that affect growth and development. Designed as a foundation course for careers in early childhood and for those seeking a teaching credential. (C-ID CDEV 100) (CSU, UC-with unit limitation)

HDEV 0010. Practicum/Field Experience in Early Childhood Education

Units: 4.5
Prerequisite: Completion of HDEV 3 and 5 with grades of "C" or better
Advisory: Completion of HDEV 25 with grade of "C" or better
Hours: 144 (54 lecture, 90 laboratory)
Planning and implementation of developmentally appropriate and intentional early childhood teaching competencies under guided supervision. Students will utilize practical classroom experiences to make connections between theory and practice, develop professional behaviors, and build a comprehensive understanding of children. Child centered and interest based, play-oriented approaches to teaching, learning, and assessment; and knowledge of developmentally appropriate curriculum in content areas emphasized as student teachers design, implement and evaluate experiences that promote positive development and learning for all young children. Ninety supervised teaching hours outside of the classroom are required. (C-ID ECE 210) (CSU)

HDEV 0011. Infant and Toddler Development

Units: 3
Hours: 54 lecture
A study of infants and toddlers from pre-conception to age three including physical, cognitive, language, social, and emotional growth and development. Applies theoretical frameworks to interpret behavior and interactions between heredity and environment. Emphasizes the role of family and relationships in development. Recommended for Child Development, education, and health career majors. (CSU)

HDEV 0012. Infant/Toddler Care and Education

Units: 3
Advisory: Concurrent enrollment in or completion of HDEV 95 in an infant/toddler setting (1-3 units)
Hours: 54 lecture
Applies current theory and research to the care and education of infants and toddlers in group settings. Examines essential policies, principles and practices that lead to quality care and developmentally appropriate curriculum for children birth to 36 months. Requires five hours of infant/toddler program observation during daytime hours. (CSU)

HDEV 0013. School Age Child

Units: 3
Advisory: Completion of HDEV 1 or 9 with grade of "C" or better
Hours: 54 lecture
Study of the child from 6-12 years of age, including physical, cognitive, social, and moral development. Fundamentals of planning educational and recreational programs with an emphasis on developmentally appropriate practice. (CSU)

HDEV 0014. Programs for School Age Children

Units: 3
Prerequisite: Completion of HDEV 13 with grade of "C" or better
Advisory: Completion of HDEV 1 or 9 with grade of "C" or better
Hours: 90 (36 lecture, 54 laboratory)
Study of principles and standards for school-age child development programs. Emphasis on implementation of recommended practices in supervised laboratory settings. Includes planning and presenting developmentally appropriate activities in all curriculum areas. Meets specialization requirement, with HDEV 13, of Master Teacher Child Development Permit. (CSU)

HDEV 0019. Exceptional Development: Inclusion of Special Needs Children

Units: 3
Prerequisite: Completion of HDEV 1 or 9 with grade of "C" or better
Hours: 54 lecture
Introduction to the study of children from birth to eight years of age with special needs resulting from atypical physical/motor, cognitive, language/literacy, and social/emotional development. Covers causes and accommodation of the major types of exceptional development, including giftedness, in schools, childcare settings, homes, public and private sectors. Designed for parents, teachers, aides in infant/toddler programs, preschools and K-2 elementary school levels, and other interested students. Emphasis on communication and understanding behavioral dynamics while forming respectful relationships between families, caregivers, and specialists. Approved for continuing education units by the Board of Registered Nursing. (CSU)

HDEV 0021. Psychology of Intimate Relationships and Family

Units: 3
Also known as PSYC 110
Hours: 54 lecture
Study of the meaning and functions of intimate relationships and family. Consideration given to the nature of commitments, sexuality, alternative relationships, communication, conflict resolution, economics, parenting, crises, and marital separation. Recommended for majors in Human Development and Family and for those in human service careers. (CSU, UC)

HDEV 0022. The Family

Units: 3
Also known as SOC 4
Advisory: Completion of SOC 1 with grade of "C" or better
Hours: 54 lecture
A sociological approach to the analysis of the family as a social institution. Of particular interest are the changing structure of family, gender roles, dating and mate selection, marriage, alternatives to marriage, intimacy, relationships, and parenting. (C-ID SOCI 130) (CSU, UC)

HDEV 0023. Dynamics of Parenthood

Units: 3
Formerly known as HDEV 23ABCD
Advisory: Completion of HDEV 1 with grade of "C" or better
Hours: 54 lecture
A survey of historical and contemporary attitudes toward parenting. Review of research on child-rearing practices and parent-child relationships. Exploration of current approaches for effective interaction and communication of family members. Emphasis on the influence of personality, developmental stage, family structures, ethnic and cultural factors. (CSU)
HDEV 0025. Culture and Diversity in Early Childhood Education  
Units: 3  
Hours: 54 lecture  
Study of human diversity as it relates to young children, families, programs, classrooms and teaching. Examination of the development of social identities in diverse societies including oppression and privilege. Explores the meaning, necessity, and benefits of anti-bias education and presents various strategies emphasizing cultural and linguistic approaches supporting all children in becoming competent members of a diverse society. Includes self-examination and reflection on issues related to social identity, stereotypes and bias, social and educational access, media and schooling. (C-ID ECE 230) (CSU)

HDEV 0028. Independent Study  
Units: 1-3  
Designed for students interested in furthering their knowledge at an independent study level in an area where no specific curriculum offering is currently available. Independent study might include, but is not limited to, research papers, special subject area projects, and research projects. See Independent Study page in catalog. (CSU)

HDEV 0029. Storytelling and Puppetry  
Units: 3  
Formerly known as HDEV 17 and 18  
Hours: 54 lecture  
Storytelling and puppetry explored as a means of enhancing oral language, listening skills and creativity in young children. Examines stories from many cultures. Emphasizes the art of telling stories. Focuses on the methods, materials, and experiences needed to use storytelling and puppetry effectively with children. Hands-on involvement with practical application for teachers, teacher aides, librarians, therapists, recreation leaders, church and youth group leaders, artists, dramatists, and parents. (CSU)

HDEV 0030. Creative Process in Children  
Units: 3  
Hours: 54 lecture  
Introduction to the aesthetic development and creative expression of children. Exploration of art methods, materials, creative process, and developmental stages. Enables students to implement effective teaching strategies for encouraging children's artistic and overall creative development. (CSU)

HDEV 0038. Adult Supervision: Mentoring in ECE Settings  
Units: 2  
Prerequisite: Completion of the following with grades of "C" or better: HDEV 1 or 9, and HDEV 2  
Hours: 36 lecture  
Principles and methods of supervising students, teachers, and other adults in early childhood education settings. Emphasis on the role of experienced teachers who function as leaders, supervisors, and mentors. Meets requirements of Master Teacher Level of Child Development Permits. (CSU)

HDEV 0040. Administration and Supervision of Early Childhood Programs  
Units: 3  
Prerequisite: Completion of HDEV 1 or 9 with grade of "C" or better; completion of HDEV 2 with grade of "C" or better  
Advisory: Completion of HDEV 3 and 5 with grades of "C" or better  
Hours: 54 lecture  
Basic aspects of understanding and directing an early childhood education program. Emphasis on implementing state licensing requirements for child care centers. Consideration given to planning the facilities and program, health and safety requirements, policy making, and staff/parent communication. (CSU)

HDEV 0041. Advanced Administration of ECE Programs  
Units: 3  
Formerly known as HDEV 41A/41B/41C  
Prerequisite: Completion of HDEV 40 with grade of "C" or better  
Hours: 54 lecture  
Advanced level of child care administration including legal and financial issues related to establishment and operation of early childhood education programs. Emphasis includes: compliance with relevant laws and regulation; developing sound fiscal and regulatory policies relative to the operation of different types of early childhood programs; personnel training, supervision and evaluation; staff development; networking within the community to promote participation and support between professionals in the field; and familiarity with current Early Childhood State Department of Education publications. (CSU)

HDEV 0043. Music and Movement for Young Children  
Units: 3  
Hours: 54 lecture  
Theoretical perspectives and practical applications of the use of music and movement with children from infancy to age eight in group settings. Emphasis on exploration of music and movement as ways to involve young children with cultural diversity and traditions, creative expression, promotion of an understanding of the connection to healthy living and physical activity, and stimulation of brain development. Methods and materials used in singing, rhythms, creative music, reading and listening, development of music and movement lesson plans, and creation of inexpensive musical instruments. (CSU)

HDEV 0044. Introduction to Children's Literature  
Units: 3  
Also known as ENGL 44  
Prerequisite: Eligibility for ENGL 1A  
Hours: 54 lecture  
Examination of classic and contemporary children's literature, including criteria for selection, uses in child development and education, and practices in presentation and analysis. Designed for parents, prospective teachers, aides, child development professionals and students interested in the field of literature for children ages 1-13. (CSU)

HDEV 0046. Language and Literacy  
Units: 3  
Prerequisite: Completion of HDEV 2 with grade of "C" or better  
Advisory: Completion of HDEV 1 with grade of "C" or better  
Hours: 54 lecture  
Designed to support early childhood educators in the area of early language and literacy development. Focus on planning and implementing developmentally appropriate experiences that enhance the quality and quantity of oral language, provide for a print-rich environment and assist children in their growing understanding of print. Encourages literacy learning in a meaningful context and provides strategies for working with families and diverse populations. (CSU)

HDEV 0047. Math and Science in Early Childhood Education  
Units: 3  
Prerequisite: Completion of HDEV 2 with grade of "C" or better  
Advisory: Completion of HDEV 1 with grade of "C" or better  
Hours: 54 lecture  
Designed to support early childhood educators of preschool-aged children. Exploration of fundamental math and science concepts and principles of selecting and implementing appropriate math and science activities in an integrated curriculum. Focus on specific strategies and techniques for working with preschool children and connecting their families to the preschool learning environment. (CSU)
HDEV 0050. Introduction to Family Child Care  
Units: 3  
Advisory: Completion of HDEV 9 with grade of "C" or better  
Hours: 54 lecture  
Provides students an overview of what is needed to open and operate an in-home child care program. Topics include licensing requirements, the role of regulatory agencies, business practices, health and safety practices, developmentally appropriate practices for mixed aged groupings, behavior guidance, supportive environments for both families and children, planning play-based curriculum in the home, and environmental design considerations. (not transferable)

HDEV 0061. Nutrition throughout the Life Cycle  
Units: 3  
Also known as NUTF 13  
Advisory: Completion of NUTF 10 with grade of "C" or better  
Hours: 54 lecture  
Examination of nutritional requirements, concerns, and interventions during several stages of the life cycle, from preconception to old age. Analysis of cultural, environmental, physical, and economic factors affecting nutritional status. Practical application of adequate nutrition through dietary selection and promotion of health throughout each life cycle stage. (CSU)

HDEV 0095. Internship in Human Development and Family  
Units: 0.5-4  
Designed for advanced students to work in an area related to their educational or occupational goal. Provides new on-the-job technical training under the direction of a worksite supervisor, allowing students to expand knowledge and skills in the chosen field. Mandatory orientation session and faculty approval to determine eligibility. One unit of credit is equal to each 60 hours of non-paid work, or each 75 hours of paid work. Students may earn up to a total of 16 units in internship courses (any course numbered 95 and PDEV 94). (CSU-with unit limitation)

Program Student Learning Outcomes (PSLOs)  
- Identify and evaluate factors that influence child/human development from various theoretical perspectives and current research findings.  
- Analyze early childhood lab sites and/or community schools for developmentally appropriate practices and program effectiveness.  
- Exhibit professionalism within the field of Early Childhood Education by demonstrating skills relevant to the field that include incorporating meaningful curriculum, content knowledge, culturally and linguistically appropriate learning environments, and observation, documentation, and assessment of young children.