

# HUMAN DEVELOPMENT AND FAMILY (HDEV)

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## HDEV 0001. Human Development Through the Lifespan

*Units: 3*

Hours: 54 lecture

Study of the physical, cognitive, psychosocial and emotional changes in development through the life span. Focuses on practical application of developmental principles and patterns of growth from conception through late adulthood, including death and bereavement processes. Designed as a foundation course for careers in social service, psychological, health and medical fields. (CSU, UC-with unit limitation)

## HDEV 0002. Principles and Practices of Teaching Young Children

*Units: 3*

Hours: 54 lecture

Examination of the underlying theoretical principles of developmentally appropriate practices in early care and education. Emphasis on the role of the early childhood educator, the importance of teacher child relationships, curriculum, and effective teaching strategies and environmental design for supporting development in young children. This course includes a review of the historical roots of early childhood programs, and the evolution of the professional practices promoting advocacy, ethics, and professional identity including career pathways and professional standards. (C-ID ECE 120) (CSU)

## HDEV 0003. Observation and Assessment

*Units: 3*

Prerequisite: Completion of HDEV 1 or 9 with grade of "C" or better; completion of HDEV 2 with grade of "C" or better

Hours: 54 lecture

The appropriate use of assessment and observation tools and strategies to document young children's development, learning and behavior. Emphasizes use of findings to inform and plan learning environments and experiences. Recording strategies, rating systems, portfolios, and multiple assessment tools will be explored, along with strategies for collaboration with families and professionals. Child observations will be conducted and analyzed. (C-ID ECE 200) (CSU)

## HDEV 0004. Child, Family, and Community

*Units: 3*

Hours: 54 lecture

An examination of the processes of socialization focusing on the interrelationship of family, school, and community. Examines the influence of historical and socio-cultural contexts. Explores the role of collaboration between family, community, and schools in supporting children's development. (C-ID CDEV 110) (CSU, UC)

## HDEV 0005. Introduction to Curriculum

*Units: 3*

Prerequisite: Completion of HDEV 1 or 9 with grade of "C" or better; completion of HDEV 2 with grade of "C" or better

Hours: 54 lecture

Presents an overview of knowledge and skills related to providing developmentally appropriate curriculum and environments for all young children. Explores teaching strategies and curriculum development based on theoretical frameworks, observation, and assessment. Emphasizes the teacher's role in supporting development and learning across the curriculum, including all content areas. (C-ID ECE 130) (CSU)

## HDEV 0007. Health, Safety, and Nutrition

*Units: 3*

Formerly known as HDEV 6 and 8

Hours: 54 lecture

Laws, regulations, standards, policies, procedures, and best practices related to health, safety, and nutrition in early childhood settings. Includes prevention strategies, nutrition, and meal planning for various ages and planning educational experiences integrated into daily routines designed to teach children positive health, safety, and nutrition habits. (C-ID ECE 220) (CSU)

## HDEV 0009. Child Growth and Development

*Units: 3*

Hours: 54 lecture

This course examines the major physical, cognitive/language, social and emotional developmental milestones for children from conception through adolescence. Emphasis on interactions between maturational processes and environmental factors. While studying developmental theory, students will evaluate individual differences, and analyze characteristics of development at various stages according to developmental theories. Designed as a foundation course for careers in early childhood and for those seeking a teaching credential. (C-ID CDEV 100) (CSU, UC-with unit limitation)

## HDEV 0010. Practicum Experience in Early Childhood Education

*Units: 3*

Prerequisite: Completion of HDEV 3 and 5 with grades of "C" or better  
Corequisite: Concurrent enrollment in HDEV 10L

Advisory: Completion of HDEV 25 with grade of "C" or better

Hours: 54 lecture

Focuses on child centered, play-oriented approaches to teaching, learning, and assessment. Knowledge of developmentally appropriate curriculum content areas will also be emphasized as students design and evaluate experiences that promote development and learning for all young children. Students must co-enroll in HDEV 10L to secure their practicum/student teaching space in a local high quality child development program. (combined with HDEV 0010L C-ID ECE 210) (CSU)

## HDEV 0010L. Practicum Experience in Early Childhood Education Lab

*Unit: 1.5*

Prerequisite: Completion of HDEV 3 and 5 with grades of "C" or better  
Corequisite: Concurrent enrollment in HDEV 10

Advisory: Completion of HDEV 25 with grade of "C" or better

Hours: 90 laboratory

Ninety hours of student teaching experience will be required for this course, in addition to enrollment in the lecture portion of HDEV 10. Students will be placed in pre-selected local classroom settings within district boundaries. Please see class schedule for student teaching placement meeting information, as well as immunization requirements. (combined with HDEV 0010 C-ID ECE 210) (CSU)

## HDEV 0011. Infant and Toddler Development

*Units: 3*

Hours: 54 lecture

A study of infants and toddlers from pre-conception to age three including physical, cognitive, language, social, and emotional growth and development. Applies theoretical frameworks to interpret behavior and interactions between heredity and environment. Emphasizes the role of family and relationships in development. (CSU)

**HDEV 0012. Infant/Toddler Care and Education**

*Units: 3*

Hours: 54 lecture

Applies current theory and research to the care and education of infants and toddlers in group settings. Examines essential policies, principles and practices that lead to quality care and developmentally appropriate curriculum for children birth to 36 months. (CSU)

**HDEV 0013. School Age Child**

*Units: 3*

Advisory: Completion of HDEV 9 with grade of "C" or better

Hours: 54 lecture

Study of the child from 6-12 years of age, including physical, cognitive, social, and moral development. Fundamentals of planning educational and recreational programs with an emphasis on developmentally appropriate practice. (CSU)

**HDEV 0014. Programs for School Age Children**

*Units: 3*

Prerequisite: Completion of HDEV 13 with grade of "C" or better

Advisory: Completion of HDEV 9 with grade of "C" or better

Hours: 90 (36 lecture, 54 laboratory)

Study of principles and standards for school-age child development programs. Emphasis on implementation of recommended practices in supervised laboratory settings. Includes planning and presenting developmentally appropriate activities in all curriculum areas. Meets specialization requirement, with HDEV 13, of Master Teacher Child Development Permit. (CSU)

**HDEV 0019. Introduction to Children with Exceptional Needs**

*Units: 3*

Prerequisite: Completion of HDEV 1 or 9 with grade of "C" or better

Corequisite: Concurrent enrollment in HDEV 19L

Hours: 54 lecture

Overview of the developmental issues, characteristics, and learning differences of children from birth to adolescence with exceptional needs, including gifted and talented. Current educational strategies including assessment and curriculum design will be presented. Community resources, advocacy, and challenges for children with exceptional needs and their families will be examined. (CSU)

**HDEV 0019L. Introduction to Children with Exceptional Needs Lab**

*Units: 0.5*

Prerequisite: Completion of HDEV 1 or 9 with grade of "C" or better; completion of or concurrent enrollment in HDEV 19

Hours: 30 laboratory

Provides experience working in a school environment with children and youth who have disabilities. Designed as a laboratory for those who have completed or are concurrently enrolled in HDEV 19. Covers skills for students who want to be general educators, special educators, school and social service providers and/or community members, who are essential in providing inclusive/integrated environments for differently-abled children and youth. Environmental modifications including classroom, school, agency, and community settings are studied. Classroom modifications in curriculum, assessment, behavior management, and instructional methods are examined. This course meets the requirement for special education in inclusive settings. (CSU)

**HDEV 0021. Psychology of Intimate Relationships and Family**

*Units: 3*

Also known as PSYC 110

Hours: 54 lecture

Study of the meaning and functions of intimate relationships and family. Consideration given to the nature of commitments, sexuality, alternative relationships, communication, conflict resolution, economics, parenting, crises, and marital separation. Recommended for majors in Human Development and Family and for those in human service careers. (CSU, UC)

**HDEV 0022. The Family**

*Units: 3*

Also known as SOC 4

Advisory: Completion of SOC 1 with grade of "C" or better

Hours: 54 lecture

A sociological approach to the analysis of the family as a social institution. Of particular interest are the changing structure of family, gender roles, dating, marriage, intimacy, relationships, and parenting. (C-ID SOCI 130) (CSU, UC)

**HDEV 0023. Dynamics of Parenthood**

*Units: 3*

Formerly known as HDEV 23ABCD

Hours: 54 lecture

A survey of historical and contemporary attitudes toward parenting. Review of research on child-rearing practices and parent-child relationships. Exploration of current approaches for effective interaction and communication of family members. Emphasis on the influence of personality, developmental stage, family structures, ethnic and cultural factors. (CSU)

**HDEV 0025. Teaching in a Diverse Society**

*Units: 3*

Hours: 54 lecture

Examines the impact of various societal influences on the development of children's social identity. Covers developmentally appropriate, inclusive, and anti-bias approaches. Self-examination and reflection on issues related to social identity, stereotypes, and bias will be emphasized. (C-ID ECE 230) (CSU)

**HDEV 0027. Effective Classroom Management**

*Units: 3*

Prerequisite: Completion of HDEV 2 and 9 with grades of "C" or better

Hours: 54 lecture

Identify and analyze challenging behaviors and learn to implement research based strategies and curriculum that improve the social and emotional climate in the classroom. Emphasizes the connection between children's social and emotional development and their success in the classroom. All factors contributing to behavior, including teacher biases and family dynamics, will be analyzed. This course will address behavior issues of both preschool and elementary aged children and focuses on the prevention of challenging behaviors. (CSU)

**HDEV 0028. Independent Study**

*Units: 1-3*

Designed for students interested in furthering their knowledge at an independent study level in an area where no specific curriculum offering is currently available. Independent study might include, but is not limited to, research papers, special subject area projects, and research projects. See Independent Study page in catalog. (CSU)

**HDEV 0029. Storytelling and Puppetry***Units: 3*

Formerly known as HDEV 17 and 18

Hours: 54 lecture

Storytelling and puppetry explored as a means of enhancing oral language, listening skills and creativity in young children. Examines stories from many cultures. Emphasizes the art of telling stories. Focuses on the methods, materials, and experiences needed to use storytelling and puppetry effectively with children. Hands-on involvement with practical application for teachers, teacher aides, librarians, therapists, recreation leaders, church and youth group leaders, artists, dramatists, and parents. (CSU)

**HDEV 0030. Creative Process in Children***Units: 3*

Hours: 54 lecture

Introduction to the aesthetic development and creative expression of children. Exploration of art methods, materials, creative process, and developmental stages. Enables students to implement effective teaching strategies for encouraging children's artistic and overall creative development. (CSU)

**HDEV 0038. Adult Supervision and Mentoring in Early Care and Education***Units: 3*

Prerequisite: Completion of HDEV 2 and 9 with grades of "C" or better

Hours: 54 lecture

Methods and principles of supervising student teachers, volunteers, staff, and other adults in early childcare and education settings. Emphasis is on the roles and development of early childhood professionals as mentors and leaders. (CSU)

**HDEV 0040. Administration I: Programs in Early Childhood Education***Units: 3*

Prerequisite: Completion of HDEV 2 and 9 with grades of "C" or better

Advisory: Completion of HDEV 3 and 5 with grades of "C" or better

Hours: 54 lecture

Introduction to the administration of early childhood programs. Covers program types, budget, management, regulations, laws and development and implementation of policies and procedures. Examines administrative tools, philosophies, and techniques needed to organize, open, and operate an early care and education program. (CSU)

**HDEV 0041. Personnel and Leadership in Early Childhood Education***Units: 3*

Formerly known as HDEV 41A/41B/41C

Prerequisite: Completion of HDEV 40 with grade of "C" or better

Hours: 54 lecture

Effective strategies for personnel management and leadership in early care and education settings. Includes legal and ethical responsibilities, supervision techniques, professional development, and reflective practices for a diverse and inclusive early care and education program. (CSU)

**HDEV 0043. Music and Movement for Young Children***Units: 3*

Hours: 54 lecture

Theoretical perspectives and practical applications of the use of music and movement with children from infancy to age eight in group settings. Emphasis on exploration of music and movement as ways to involve young children with cultural diversity and traditions, creative expression, promotion of an understanding of the connection to healthy living and physical activity, and stimulation of brain development. Methods and materials used in singing, rhythms, creative music, reading and listening, development of music and movement lesson plans, and creation of inexpensive musical instruments. (CSU)

**HDEV 0044. Children's Literature***Units: 3*

Also known as ENGL 44

Prerequisite: Eligibility for ENGL 1A

Hours: 54 lecture

Examination of high quality children's literature, both classic and contemporary, including criteria for selection, uses in child development and education, and practices in presentation and analysis. It includes the discussion of the history of children's literature and current issues such as censorship, literacy, multiculturalism, and diversity. This course is intended for prospective and current teachers, preschool aides, early child education (ECE) majors, librarians, parents, and students interested in the field of literature for children ages 0-13. (C-ID ENGL 180) (CSU, UC)

**HDEV 0046. Language and Literacy***Units: 3*

Hours: 54 lecture

Designed to support educators in the area of early language and literacy development. Focus on planning and implementing developmentally appropriate experiences that enhance the quality and quantity of oral language, provide for a print-rich environment and assist children in their growing understanding of print. Encourages literacy learning in a meaningful context and provides strategies for working with families and diverse populations. (CSU)

**HDEV 0047. Math and Science in Early Childhood Education***Units: 3*

Hours: 54 lecture

Designed to support educators in the development of math and science skills in children ages 0-8. Exploration of fundamental math and science concepts and principles, as well as guidance in selecting and implementing appropriate math and science activities in an integrated curriculum. (CSU)

**HDEV 0050. Introduction to Family Child Care***Units: 3*

Advisory: Completion of HDEV 9 with grade of "C" or better

Hours: 54 lecture

Provides students an overview of what is needed to open and operate an in-home child care program. Topics include licensing requirements, the role of regulatory agencies, business practices, health and safety practices, developmentally appropriate practices for mixed aged groupings, behavior guidance, supportive environments for both families and children, planning play-based curriculum in the home, and environmental design considerations. (not transferable)

**HDEV 0051. Bilingual Education: Introduction to Educating English****Learners***Units: 3*

Advisory: Concurrent enrollment in EDU 7 or EDU 10

Hours: 54 lecture

Introduction to the concepts of bilingual education as it pertains to English Language Learners in California and the greater United States. Topics include the history of bilingual education, relevant legislation, first and second language acquisition theories, and linguistic development. The course involves required observation and tutoring of English Language Learners using materials and strategies responsive to the students' primary language and assessed levels of English proficiency. (CSU)

**HDEV 0061. Nutrition throughout the Life Cycle**

*Units: 3*

Also known as NUTF 13

Advisory: Completion of NUTF 10 with grade of "C" or better

Hours: 54 lecture

Examination of nutritional requirements, concerns, and interventions during several stages of the life cycle, from preconception to old age. Analysis of cultural, environmental, physical, and economic factors affecting nutritional status. Practical application of adequate nutrition through dietary selection and promotion of health throughout each life cycle stage. (CSU)

**HDEV 0095. Internship in Human Development and Family**

*Units: 0.5-4*

Designed for advanced students to work in an area related to their educational or occupational goal. Provides new on-the-job technical training under the direction of a worksite supervisor, allowing students to expand knowledge and skills in the chosen field. Mandatory orientation session and faculty approval to determine eligibility. One unit of credit is equal to each 60 hours of non-paid work, or each 75 hours of paid work. Students may earn up to a total of 16 units in internship courses (any course numbered 95 and PDEV 94). (CSU-with unit limitation)

**HDEV 0800. Music and Movement for Young Children**

*Units: 0*

Hours: 54 lecture

Theoretical perspectives and practical applications of the use of music and movement with children from infancy to age eight in group settings. Emphasis on exploration of music and movement as ways to involve young children with cultural diversity and traditions, creative expression, promotion of an understanding of the connection to healthy living and physical activity, and stimulation of brain development. Methods and materials used in singing, rhythms, creative music, reading and listening, development of music and movement lesson plans, and creation of inexpensive musical instruments. (pass/no pass grading) (noncredit)

**HDEV 0802. Storytelling and Puppetry**

*Units: 0*

Hours: 54 lecture

Storytelling and puppetry explored as a means of enhancing oral language, listening skills and creativity in young children. Examines stories from many cultures. Emphasizes the art of telling stories. Focuses on the methods, materials, and experiences needed to use storytelling and puppetry effectively with children. Hands-on involvement with practical application for teachers, teacher aides, librarians, therapists, recreation leaders, church and youth group leaders, artists, dramatists, and parents. (pass/no pass grading) (noncredit)

**HDEV 0803. Language and Literacy**

*Units: 0*

Hours: 54 lecture

Designed to support educators in the area of early language and literacy development. Focus on planning and implementing developmentally appropriate experiences that enhance the quality and quantity of oral language, provide for a print-rich environment and assist children in their growing understanding of print. Encourages literacy learning in a meaningful context and provides strategies for working with families and diverse populations. (pass/no pass grading) (noncredit)

**HDEV 0804. Creative Process in Children**

*Units: 0*

Hours: 54 lecture

Introduction to the aesthetic development and creative expression of children. Exploration of art methods, materials, creative process, and developmental stages. Enables students to implement effective teaching strategies for encouraging children's artistic and overall creative development. (pass/no pass grading) (noncredit)

**HDEV 0805. Math and Science in Early Childhood Education**

*Units: 0*

Hours: 54 lecture

Designed to support educators in the development of math and science skills in children ages 0-8. Exploration of fundamental math and science concepts and principles, as well as guidance in selecting and implementing appropriate math and science activities in an integrated curriculum. (pass/no pass grading) (noncredit)