

# HUMANITIES

## Contact Information

### Division

Liberal Arts

### Dean

Patrick Marasso

### Associate Deans

Soni Verma, Maria Villasenor

### Division Office

W 107, Rocklin Campus

## Overview

The study of Humanities offers an approach which integrates the arts, literature, history, music, philosophy and other disciplines. The program focuses on the culture of human civilization from classic antiquity through the Middle Ages and Renaissance to the Modern Era. The objective of the Humanities is to give a sense of wholeness to human experience.

## Faculty

### Jason File

#### Professor, Humanities

B.A., University of California, San Diego

M.A., University of North Carolina

## Degrees/Certificates

### Associate Degrees

- Humanities—Asian Studies (p. 1)
- Humanities—Diverse Perspectives (p. 1)
- Humanities—General (p. 2)

## Humanities—Asian Studies

### AA Degree

The AA degree in Humanities—Asian Studies provides preparation for upper-division course work in Humanities at a four-year university. The degree will guide students to examine the Asian experience through its ideas (philosophy), through its commitment to its culture, traditions and rituals (religions) and through its applied practices (the disciplines for self-development of body/mind health, meditation and martial arts). Courses are offered which provide opportunities for self-discovery and the construction of a coherent outlook and critical reason. In all cases, students should consult with a counselor for more information on university admission and transfer requirements. Students must fulfill the following major requirements with grades of "C" or better, complete a minimum of 60 degree-applicable semester units (12 of which must be completed at Sierra College) with a grade point average of at least 2.0 and complete one of the following three general education patterns:

- Sierra College Associate Degree Requirements (Local General Education) (<https://catalog.sierracollege.edu/archive/2025-2026/student-resources/general-education/associate-degree-requirements/>)
- (<https://catalog.sierracollege.edu/archive/2025-2026/student-resources/general-education/associate-degree-requirements/>)California General Education Transfer Curriculum (Cal-

GETC) (<https://catalog.sierracollege.edu/archive/2025-2026/student-resources/general-education/california-general-education-transfer-curriculum-cal-getc/>)

### Required Courses

Code	Title	Units
HUM 0001	Introduction to Humanities I	3
HUM 0002	Introduction to Humanities II	3
HUM 0003	Introduction to Asian Humanities	3
<b>Select 10-12 units from the following:</b>		<b>10-12</b>
ARHI 0155	History of Islamic Art	
HIST 0019A	History of Traditional East Asia	
HIST 0019B	History of Modern East Asia	
HUM 0010	World Religions	
JPN 0001	Elementary Japanese - Level I	
KIN 0019	Basic Self Defense	
KIN 0062	Fundamentals of Yoga	
KIN 0068	Introduction to Meditation	
PHIL 0013	Introduction to Asian Philosophy	
<b>Total Units</b>		<b>19-21</b>

## Humanities—Diverse Perspectives

### AA Degree

The AA degree in Humanities—Diverse Perspectives provides preparation for upper division course work in Humanities at a four-year university. The Humanities—Diverse Perspectives AA degree pattern guides students through a series of courses that focus specifically on examining History, Art, Architecture, Philosophy, Drama, Literature and Music from diverse perspectives. In all cases, students should consult with a counselor for more information on university admission and transfer requirements. Students must fulfill the following major requirements with grades of "C" or better, complete a minimum of 60 degree-applicable semester units (12 of which must be completed at Sierra College) with a grade point average of at least 2.0 and complete one of the following three general education patterns:

- Sierra College Associate Degree Requirements (Local General Education) (<https://catalog.sierracollege.edu/archive/2025-2026/student-resources/general-education/associate-degree-requirements/>)
- (<https://catalog.sierracollege.edu/archive/2025-2026/student-resources/general-education/associate-degree-requirements/>)California General Education Transfer Curriculum (Cal-GETC) (<https://catalog.sierracollege.edu/archive/2025-2026/student-resources/general-education/california-general-education-transfer-curriculum-cal-getc/>)

### Required Courses

Code	Title	Units
HUM 0001	Introduction to Humanities I	3
HUM 0002	Introduction to Humanities II	3
HUM 0003	Introduction to Asian Humanities	3
<b>Select 12 units from the following:</b>		<b>12</b>
ARHI 0132	History of Women in Art	
ARHI 0150	History of Asian Art	

ARHI 0155	History of Islamic Art
ENGL 0016	Introduction to LGBTIQ Literature
ENGL 0027	Literature by Women
ETHN 0011	Introduction to Ethnic Studies
HIST 0019A	History of Traditional East Asia
HIST 0019B	History of Modern East Asia
HUM 0005	Classical Roots of the Contemporary Western World
HUM 0009	Introduction to Women, Gender and Religion (also WMST 0003)
HUM 0010	World Religions
HUM 0015	Introduction to Mythology
HUM 0017	Introduction to Atheism
LGBT 0001	Introduction to LGBT Studies/Queer Theory (WMST 0002)
LGBT 0002	Queer (LGBTIQ) Film History
PHIL 0013	Introduction to Asian Philosophy
PHIL 0027	Introduction to Philosophy of Women in Western Cultures

**Total Units** **21**

## Humanities—General

### AA Degree

The AA degree in Humanities—General provides preparation for upper division course work in Humanities at a four-year university. The degree acquaints students with the relevant eras, ideas, ideals, values and terminology endemic to the field as expressed in art, music, drama, literature, philosophy and religion. The Humanities—General AA degree pattern affords students the widest array of Humanities coursework from which to choose to satisfy transfer institution requirements. In all cases, students should consult with a counselor for more information on university admission and transfer requirements. Students must fulfill the following major requirements with grades of “C” or better, complete a minimum of 60 degree-applicable semester units (12 of which must be completed at Sierra College) with a grade point average of at least 2.0 and complete one of the following three general education patterns:

- Sierra College Associate Degree Requirements (Local General Education) (<https://catalog.sierracollege.edu/archive/2025-2026/student-resources/general-education/associate-degree-requirements/>)
- (<https://catalog.sierracollege.edu/archive/2025-2026/student-resources/general-education/associate-degree-requirements/>)California General Education Transfer Curriculum (CalGETC) (<https://catalog.sierracollege.edu/archive/2025-2026/student-resources/general-education/california-general-education-transfer-curriculum-cal-getc/>)

### Required Courses

Code	Title	Units
HUM 0001	Introduction to Humanities I	3
HUM 0002	Introduction to Humanities II	3
HUM 0003	Introduction to Asian Humanities	3
<b>Select 12 units from the following:</b>		<b>12</b>
AAD 0012	Visual Communication (also COMM 0012)	

ARHI 0101	Art Appreciation
ARHI 0110	Survey of Art from Prehistory to the Medieval Era
ARHI 0120	Survey of Western Art II: Renaissance Traditions
ARHI 0130	Survey of Western Art III: Modern through Contemporary
ARHI 0132	History of Women in Art
ARHI 0134	History of Photography (also PHOT 0010)
ARHI 0140	History of the Arts of Africa, the Americas, and Oceania
ARHI 0150	History of Asian Art
ARHI 0155	History of Islamic Art
ENGL 0001B	Introduction to Literature
ENGL 0016	Introduction to LGBTIQ Literature
ENGL 0024	Introduction to Literary Criticism and Critical Concepts
ENGL 0027	Literature by Women
ENGL 0029	Introduction to Drama as Literature
ENGL 0030A	American Literature - Beginnings through Civil War
ENGL 0030B	American Literature - Civil War to the Present
ENGL 0032	Introduction to Poetry
ENGL 0033	Introduction to Shakespeare (The Drama)
ENGL 0034	Introduction to the Novel
ENGL 0035	Introduction to the Short Story
ENGL 0037	American Film Masterpieces
ENGL 0038	International Film Masterpieces
ENGL 0040	The Filmed Novel
ENGL 0042	The Documentary Film
ENGL 0044	Children's Literature (also HDEV 0044)
ENGL 0045	Young Adult Literature
ENGL 0046A	English Literature
ENGL 0046B	English Literature
ENGL 0047A	World Literature
ENGL 0047B	World Literature
ENGL 0048	Literature of Science Fiction
HIST 0004A	Western Civilization to 1715
HIST 0004B	Western Civilization since 1715
HUM 0005	Classical Roots of the Contemporary Western World
HUM 0009	Introduction to Women, Gender and Religion (also WMST 0003)
HUM 0010	World Religions
HUM 0015	Introduction to Mythology
HUM 0017	Introduction to Atheism
HUM 0020	Introduction to the Hebrew Bible
HUM 0021	Introduction to the New Testament
LGBT 0001	Introduction to LGBT Studies/Queer Theory (also WMST 0002)
LGBT 0002	Queer (LGBTIQ) Film History

MUS 0002	Music Appreciation
MUS 0011	Introduction and History of Jazz
MUS 0012A	Survey of Music History and Literature to 1750
MUS 0012B	Survey of Music History and Literature from 1750 to Present
MUS 0013	Introduction to Music: History of Rock and Roll
PHIL 0002	Introduction to Philosophy: Ethics
PHIL 0004	Introduction to Critical Thinking
PHIL 0006	Introduction to Philosophy: Knowledge and Reality
PHIL 0010	Philosophy of Religion
PHIL 0013	Introduction to Asian Philosophy
PHIL 0020	History of Ancient Greek Philosophy
PHIL 0021	History of Modern Philosophy
PHIL 0027	Introduction to Philosophy of Women in Western Cultures
PHIL 0030	Introduction to Social and Political Philosophy
PHIL 0060	Introduction to Environmental Ethics
PHIL 0065	Introduction to the Philosophy of Science
THEA 0013	Introduction to Theatre

**Total Units** **21**

## Courses

Understanding course descriptions (<https://catalog.sierracollege.edu/archive/2025-2026/student-resources/course-information/understanding-course-descriptions/>)

### **HUM 0001. Introduction to Humanities I**

*Units: 3*

Advisory: Eligibility for ENGL C1000

Hours: 54 lecture

Introduction to the western cultural tradition through a survey of its religion, art, philosophy, literature, music, and architecture; covers prehistory through the Middle Ages. (CSU, UC)

### **HUM 0002. Introduction to Humanities II**

*Units: 3*

Advisory: Eligibility for ENGL C1000

Hours: 54 lecture

Introduction to the western cultural tradition through a survey of its religion, art, philosophy, literature, music, and architecture; covers the Renaissance through the modern world. (CSU, UC)

### **HUM 0003. Introduction to Asian Humanities**

*Units: 3*

Advisory: Eligibility for ENGL C1000

Hours: 54 lecture

Survey of the religion, art, philosophy, literature, music, and architecture of Asia - from prehistory to the present - with an emphasis on India, China and Japan. (CSU, UC)

### **HUM 0005. Classical Roots of the Contemporary Western World**

*Units: 3*

Formerly known as HUM 300G

Advisory: Eligibility for ENGL C1000

Hours: 54 lecture

An examination of the Classical World's influence on the Contemporary Western World with special emphasis on theology, body image, love and sex, gender roles, democracy, conceptions of the good life, and entertainment based upon evidence from the art, architecture, literature, and philosophy of the Classical World. (CSU, UC)

### **HUM 0009. Introduction to Women, Gender and Religion**

*Units: 3*

Also known as WMST 3

Advisory: Eligibility for ENGL C1000

Hours: 54 lecture

Religion from a feminist perspective through a cross-cultural examination of major religious traditions of the East and West, as well as tribal faith practices. Emphasis on the historical role of women and gender in rituals, sacred texts, institutional structures, doctrine and religious iconography with respect to the impact on contemporary women regarding faith, politics and identity. (CSU, UC)

### **HUM 0010. World Religions**

*Units: 3*

Advisory: Eligibility for ENGL C1000

Hours: 54 lecture

Interdisciplinary survey of the beliefs and practices of the world's major religious traditions; focuses on primal religions, Hinduism, Judaism, Taoism, Confucianism, Buddhism, Christianity and Islam. (CSU, UC)

### **HUM 0015. Introduction to Mythology**

*Units: 3*

Advisory: Eligibility for ENGL C1000

Hours: 54 lecture

The major elements of western mythology, its history and development as part of the human experience and its influence on art, literature and politics. (CSU, UC)

### **HUM 0017. Introduction to Atheism**

*Units: 3*

Advisory: Eligibility for ENGL C1000

Hours: 54 lecture

Introduction to the philosophy of atheism, its historical roots, major thinkers, and expressions in art, literature and philosophy. Includes history of free inquiry and thought, secular humanism, humanistic ethics and scientific naturalism. (CSU, UC)

### **HUM 0020. Introduction to the Hebrew Bible**

*Units: 3*

Advisory: Eligibility for ENGL C1000

Hours: 54 lecture

Introduction to the texts of the Hebrew Bible ("Old Testament" or "Torah") and associated writings from the Ancient Near East. Analyzes the texts in their historical and cultural context, and surveys their various genres (poetry, prophecy, law, mythology, history, wisdom, etc.) Explores the relationship between Hebrew Scriptures and archaeology, literature, history, current Biblical scholarship, and women's studies. (CSU, UC)

**HUM 0021. Introduction to the New Testament**

*Units: 3*

Advisory: Eligibility for ENGL C1000

Hours: 54 lecture

Introduction to New Testament literature in its cultural and historical context. Employs methods of critical analysis of Biblical materials, surveying issues related to their authorship, genre and content. Explores the historical Jesus, literary depictions of Jesus in the gospels, the career and writings of the apostle Paul, the structure and beliefs of the early Christian church, and Christian apocalypticism. Emphasizes the impact of the New Testament on western culture. (CSU, UC)

**HUM 0028. Independent Study**

*Units: 1-3*

Designed for students interested in furthering their knowledge at an independent study level in an area where no specific curriculum offering is currently available. Independent study might include, but is not limited to, research papers, special subject area projects, and research projects. See Independent Study page in catalog. (CSU, UC-with unit limitation)

**HUM 0095. Internship in Humanities**

*Units: 0.5-4*

Designed for advanced students to work in an area related to their educational or occupational goal. Provides new on-the-job technical training under the direction of a worksite supervisor, allowing students to expand knowledge and skills in the chosen field. Mandatory orientation session and faculty approval to determine eligibility. One unit of credit is equal to 54 hours of work. Students may earn up to a total of 16 units in internship courses (any course numbered 95 and PDEV 94). (CSU-with unit limitation)

## **Program Student Learning Outcomes (PSLOs)**

- Critically evaluate cultural artifacts (e.g., a work of architecture, music, art, literature, philosophy) using the disciplinary language of the Humanities.
- Analyze past cultural achievements in the context of present day intellectual expressions.
- Evaluate a cultural artifact in the context of the historical era in which it was produced.
- Create clear, cogent and coherent essays on topics relevant to the discipline of Humanities.