

# ADMJ 0060 - DEFENSIVE TACTICS FOR LAW ENFORCEMENT

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## Catalog Description

Hours: 36 (18 lecture, 18 laboratory)

Description: Skills and techniques to address combative subjects both armed and unarmed; includes take downs, control holds, escapes, handcuffing, and weapon retention or removal. (not transferable)

## Course Student Learning Outcomes

- CSLO #1: Identify and analyze basic concepts of self-defense, including balance, awareness, and self-control.
- CSLO #2: Demonstrate proper threat-assessment and response based on the Use of Force Continuum.
- CSLO #3: Identify and explain concepts of reasonable force as they apply to self-defense.

## Effective Term

Fall 2017

## Course Type

Credit - Degree-applicable

## Contact Hours

36

## Outside of Class Hours

36

## Total Student Learning Hours

72

## Course Objectives

LECTURE OBJECTIVES:

1. Identify and analyze the basic concepts of weaponless defense including balance, awareness and self-control;
2. Assess level of threat and identify appropriate response from Use of Force Continuum; and
3. Identify and explain proper weapon retention and take away techniques.

LAB LEARNING AND TESTING OBJECTIVES:

1. Manipulate the safe and proper use of control holds;
2. Exhibit proficiency in escape techniques;
3. Apply safe and proper handcuffing techniques;
4. Demonstrate proper take down techniques; and
5. Practice proper weapon retention and take away techniques.

## General Education Information

- Approved College Associate Degree GE Applicability
  - AA/AS - Health Ed/Physical Ed
- CSU GE Applicability (Recommended-requires CSU approval)

- Cal-GETC Applicability (Recommended - Requires External Approval)
- IGETC Applicability (Recommended-requires CSU/UC approval)

## Articulation Information

### Methods of Evaluation

- Objective Examinations
  - Example: Students will properly identify, in ascending order, the various force options on the Use of Force Continuum.
- Skill Demonstrations
  - Example: Students will safely perform a proper bar-arm take down.

## Repeatable

No

## Methods of Instruction

- Laboratory
- Lecture/Discussion

Lab:

1. Instructor will explain and discuss the importance of proper balance and footwork during arrest and control situations.

Lecture:

1. Instructor will explain and demonstrate how to take a combative subject to the ground safely, and students will practice techniques on each other.

## Typical Out of Class Assignments

### Reading Assignments

1. Read instructor handouts related to defensive tactics.
2. Read and analyze current event articles related to use of force.

## Writing, Problem Solving or Performance

1. Demonstrate proficiency in controlling a combative subject.
2. Safely and properly demonstrate a handcuffing technique.

## Other (Term projects, research papers, portfolios, etc.)

### Required Materials

## Other materials and-or supplies required of students that contribute to the cost of the course.

Instructor-prepared handouts current event articles, case law updates.