

ATHL 0155 - INTERCOLLEGIATE GOLF (W)

Catalog Description

Formerly known as PHED 127

Prerequisite: Enrollment limitation: permission of instructor required; for students with advanced golf skills, conditioning and previous competitive experience

Hours: 58 laboratory per unit

Description: Intercollegiate women's golf competition conducted through NCAA and California Commission on Athletics rules. May be taken four times for credit. (CSU, UC-with unit limitation)

Course Student Learning Outcomes

- CSLO #1: List three different golf strokes and identify when to use them.
- CSLO #2: Create a pre-shot routine that takes advantage of visualization techniques.
- CSLO #3: Compare and contrast the chip shot with the putt.
- CSLO #4: Identify course conditions for making appropriate club selection.
- CSLO #5: List the basic components of the golf swing.

Effective Term

Summer 2020

Course Type

Credit - Degree-applicable

Contact Hours

58-174

Outside of Class Hours

0

Total Student Learning Hours

58-174

Course Objectives

1. Analyze the rules of golf and apply them to their advantage.
2. Describe a competitive plan of action to use on a golf course identifying the best way to approach each hole to minimize the number of strokes needed to complete the course.
3. Perform the full golf swing.
4. Perform the pitching swing.
5. Perform the chipping swing.
6. Determine the slope and speed of the green by performing a successful approach to the hole.
7. Perform putting strokes as it relates to the green conditions.
8. Analyze bunker conditions to make appropriate club selection.
9. Perform swing corrections from viewing the flight of the ball.
10. Demonstrate a higher level of skills corresponding with course repetition.

General Education Information

- Approved College Associate Degree GE Applicability
- CSU GE Applicability (Recommended-requires CSU approval)
- Cal-GETC Applicability (Recommended - Requires External Approval)
- IGETC Applicability (Recommended-requires CSU/UC approval)

Articulation Information

- CSU Transferable
- UC Transferable

Methods of Evaluation

- Objective Examinations
 - Example: Students will take a final exam on the material covered in class. This exam will consist of the multitude of different rules and strategies in Golf. Students will have to be able to analyze the exact game rules of competition at a 90% success rate. Example: How long should your back swing be on an uphill putt of 5-8 yards?
- Skill Demonstrations
 - Example: Students will accurately demonstrate in class the correct hand grip, proper stance; body alignment and weight transfer for a successful golf swing. Pass/Fail grading.

Repeatable

Yes

Methods of Instruction

- Laboratory
- Distance Learning

Lab:

1. Instructor will set-up a putting circuit on the putting green that requires students to read the greens for uphill, downhill, left break and right break putts. Instructor will critique students ability to properly read the greens. (Objective 5)
2. Instructor guides the students through the techniques on power drives from the T, reviewing stance; hand grip; body alignment; and swing. The instructor will identify and correct any needed improvements for success. (Objective 1)

Distance Learning

1. The instructor will lecture on how to perform the pitching swing. The students will breakdown the aspects of the pitching swing. (objective 4)

Typical Out of Class Assignments Reading Assignments

1. Go to www.usga.org, read rules 1 through 28 and take 15 question advanced quiz related to basic knowledge of rules. 2. Read an article about creating the fade shot from any golf periodical and report to team how and when that shot should be taken.

Writing, Problem Solving or Performance

1. Read an article on chipping and pitching and write a one page paper explaining when each stroke should be used. 2. Read the green on a

selected hole at a golf course from the front edge of the green with the pin placement to the back right and demonstrate your findings to the team.

Other (Term projects, research papers, portfolios, etc.)

Required Materials

- Golf Rules & Essential Etiquette + Golf Rules
 - Author: Ricci, Christina
 - Publisher: The Media Game
 - Publication Date: 2018
 - Text Edition:
 - Classic Textbook?: No
 - OER Link:
 - OER:
- Perfect Balance Golf
 - Author: Robert Cisco
 - Publisher: Ultimate Books
 - Publication Date: 2012
 - Text Edition:
 - Classic Textbook?: No
 - OER Link:
 - OER:
- GolfNosis - Tee Time for Your Mind - Mental Techniques for Golf that Work
 - Author: Douglas Juola
 - Publisher: Advanced Enterprise Solutions
 - Publication Date: 2012
 - Text Edition: 1st
 - Classic Textbook?: No
 - OER Link:
 - OER:

Other materials and-or supplies required of students that contribute to the cost of the course.