

KIN 0026 - BADMINTON

Catalog Description

Formerly known as PHED 11

Hours: 36 activity per unit

Description: Fundamental techniques of badminton skills including: service, drop shots, clear shots, forehand and backhand strokes. Covers strategy of singles and doubles play, rules, and game etiquette. Provides an opportunity for competition. (CSU, UC-with unit limitation)

Course Student Learning Outcomes

- CSLO #1: Describe the rules and etiquette of badminton.
- CSLO #2: Apply basic skills such as the serve, forehand, backhand, rally, lob and overhead strokes.
- CSLO #3: Design a pre and post match warm-up and cool down regimen.

Effective Term

Fall 2019

Course Type

Credit - Degree-applicable

Contact Hours

18-72

Outside of Class Hours

9-36

Total Student Learning Hours

27-108

Course Objectives

1. Identify the fundamental skills of badminton which include the serve, drive, clear, smash and drop;
2. Construct and employ an attitude of fair play and competitive spirit while following the rules of badminton and performing in an intra-class tournament; and
3. Illustrate and demonstrate the critical thinking necessary to be successful in a badminton match.
4. Dissect and recall the rules and etiquette of badminton;
5. Apply basic skills such as the serve, forehand, backhand, volley, lob and overhead strokes;
6. Differentiate the fundamentals of match play for singles with those of doubles;
7. Research and appraise an opponent's strengths and weaknesses;
8. Evaluate court strategy and types of shots to use in both singles and doubles play;
9. Evaluate and compose the strategies used.
10. Summarize the history of badminton and its relationship to the social bases of the 21st century;
11. Construct and execute a ball skill warm up/cool down program;
12. Score a full set of a badminton match using the correct scoring formula.

General Education Information

- Approved College Associate Degree GE Applicability
 - AA/AS - Health Ed/Physical Ed
- CSU GE Applicability (Recommended-requires CSU approval)
 - CSUGE - E2 Physical Activity
- Cal-GETC Applicability (Recommended - Requires External Approval)
- IGETC Applicability (Recommended-requires CSU/UC approval)

Articulation Information

- CSU Transferable
- UC Transferable

Methods of Evaluation

- Objective Examinations
 - Example: Through written exam learners will be able to accurately identify equipment; court dimensions; and game rules. Ex: The winning score in each set is 21 points. True or False.
- Skill Demonstrations
 - Example: Students will perform fundamental skills of badminton which include the serve, drive, clear, smash and drop; as presented by the instructor.

Repeatable

No

Methods of Instruction

- Activity
- Distance Learning

Activity:

1. Instructor will facilitate a class discussion in which students will demonstrate and evaluate three defensive and three offensive options as they are compared to the strengths and weaknesses of an opponent.
2. Instructor will facilitate discussion on badminton skills and strategies. Students will be divided into small groups to participate in activities that demonstrate the skills and strategies based on the class discussion. In a whole class discussion, strategy plans will be developed and the instructor will have students write-up the plans for assessment.

Distance Learning

1. Discussion by the instructor on fundamental skills of badminton. The students discuss this topic in small groups.
2. Instructor will lead a discussion on the rules and etiquette of badminton. The students will discuss this topic in small groups.

Typical Out of Class Assignments Reading Assignments

1. Read Instructor handouts addressing rules and scoring, and be prepared for discussion. 2. Visit official USA Badminton website and review participant Code of Conduct. Be prepared for discussion.

Writing, Problem Solving or Performance

1. Outline how to organize a badminton tournament using a pool format.
2. Visit www.worldbadminton.org web site to review new playing rules and write a one-page report on the positives and negatives of these changes.
3. In a short essay, describe the strategic thinking necessary for success in badminton.

Other (Term projects, research papers, portfolios, etc.)

Required Materials

- High Performance Badminton
 - Author: Mark Golds
 - Publisher: The Crowood Press Ltd
 - Publication Date: 2016
 - Text Edition: 1st
 - Classic Textbook?:
 - OER Link:
 - OER:

Other materials and-or supplies required of students that contribute to the cost of the course.

Badminton Today, Tarig Wadood & Karlyne Tan Supply your own racquet and birds