

NUTF 0013 - NUTRITION THROUGHOUT THE LIFE CYCLE

Catalog Description

Also known as HDEV 61

Advisory: Completion of NUTF 10 with grade of "C" or better

Hours: 54 lecture

Description: Examination of nutritional requirements, concerns, and interventions during several stages of the life cycle, from preconception to old age. Analysis of cultural, environmental, physical, and economic factors affecting nutritional status. Practical application of adequate nutrition through dietary selection and promotion of health throughout each life cycle stage. (CSU)

Course Student Learning Outcomes

Effective Term

Course Type

Contact Hours

Outside of Class Hours

Total Student Learning Hours

Course Objectives

General Education Information

- Approved College Associate Degree GE Applicability
- CSU GE Applicability (Recommended-requires CSU approval)
- Cal-GETC Applicability (Recommended - Requires External Approval)
- IGETC Applicability (Recommended-requires CSU/UC approval)

Articulation Information

Methods of Evaluation

Repeatable

Methods of Instruction

Typical Out of Class Assignments

Reading Assignments

Writing, Problem Solving or Performance

Other (Term projects, research papers, portfolios, etc.)

Required Materials

Other materials and-or supplies required of students that contribute to the cost of the course.